



# ASHBOURNE UNITED

## SAFE RETURN TO PLAY - COACHES RESPONSIBILITIES

Full contact training is now permitted - so your sessions can basically be as normal, however:

- Coaches must download and complete the Self Declaration document supplied by the club **OR** complete the Online Self Declaration form prior to **EACH** training session. Failure to present the document (manually or online) to the Covid Checker will mean no entry for that coach.  
***A newly completed form is required each time you turn up to train or play.***
- Adult training restricted to groups of 25 (***including any coaches or covid officers entering grounds***)  
U8 to U12 training is restricted to groups of 18 (***including any coaches or covid officers entering grounds***)  
U13 to U18 training is restricted to groups of 22 (***including any coaches or covid officers entering grounds***).
- Coaches must arrive to training in their gear, all ready for the session, at least 15 minutes before players.
- Coaches must bring their own hand sanitiser.
- Coaches must ensure that the training area is clear of all equipment before leaving the facility
- Coaches must minimize their football count to 10 balls per team and these balls must be sanitised after each session, with the same 10 balls **ONLY** used until further notice. Same applies to cones and bibs - minimize the equipment you use/handle during the session.
- Club training aids: ladders, hoops etc **will not** be available to teams until further notice.